

What is Motion Medicine™ used for?

Motion Medicine™ is a topical analgesic cream used to ease pain and improve movement. It is also highly effective when used after bruising type injuries. It can be effective for joint and muscle pain, and is particularly helpful to prevent muscle pain after exercise workouts.

What makes Motion Medicine™ so effective?

Motion Medicine™ is a blend of all natural ingredients which combine to act to relieve pain and improve movement. A portion of the ingredients work as “carriers”, and act to transport the “healing” elements through the skin deep to the areas where the pain originates.

Is Motion Medicine™ safe for all people?

Motion Medicine™ is not recommended for children under 12, people taking anticoagulant therapy such as Coumadin, and for pregnant or lactating women.

How often can Motion Medicine™ be applied?

Motion Medicine™ can be used up to 4 times/day. Total daily limit is 10 grams/day or .353 ounces/day.

Is Motion Medicine™ safe?

Motion Medicine™ is extremely safe when applied as directed. It is manufactured under the stringent requirements of Health Canada, a national agency, and there have been no adverse affects reported in thousands and thousands of uses.

Can Motion Medicine™ be used on any part of the body?

Motion Medicine can be used on any part of the body, excepting mucous membranes. It should not be used on open wounds.

How should Motion Medicine™ be applied?

Apply Motion Medicine™ directly to affected area and massage into the skin. Cooling sensation with deeper warming sensation is usual. Often, people experience almost instant pain relief and improved, easier movement. Longer lasting relief is achieved by reapplying.

What are the main ingredients in Motion Medicine™?

Ingredients: Camphor 4% , Caprylyl glycol, cetyl alcohol, chondroitin sulfate, eucalyptus oil, glucosamine sulfate, glycerin, glycol stearate, grape seed oil, C13-14 isoparaffin, Laureth-7, lavender

oil, Menthol 4%, methsulfonylethane(MSM), phenoxyethanol, polyacrymide, polysorbate-20, sorbic acid, stearyl alcohol, thymol, urea, Vitamin E(tocopheral acetate), water, wintergreen oil.

Are there any cautions to using Motion Medicine™?

Cautions:

- Maximum use is up to 4 times a day.
- DO NOT use on children under 12 years old.
- DO NOT apply bandage or external heat.
- DO NOT use if taking blood thinners (such as Coumadin).
- DO NOT apply on mucous membrane or open wounds.
- Wash hands after use so not to spread to unintended places